



Fall Fun Meet 2018

November 10th @ Southern Gymnastics

Session 1

Level: All Kids Progressive

Time: 9:00am -10:05am

Gymnast' check in: 8:45-8:55am

Session 2

Level: Girls Progressive 1

Time: 10:45am-12:00pm

Gymnast' check in 10:30-10:40am

Session 3

Level: Girls Progressive 2 and Boys Progressive

Time: 12:30pm-1:45pm

Gymnast' check in 12:15-12:25pm

Session 4

Levels Girls progressive 3/4/5

Time: 2:15pm – 3:30pm

Gymnast' check in 2:00-2:10pm

Session 5

Levels: Developmental Teams-Future Stars and Shining Stars

Time: 4:00pm-6:00pm

Gymnast' check in 3:45-3:55pm

Stretch 4:00pm

Warm up 4:10pm

Introduction 4:40pm

Awards 5:30pm

Session 6

Levels: Developmental Teams-Boy's and Shooting Stars

Time: 6:30pm-8:30pm

Gymnast' check in 6:15-6:25pm

Stretch 6:30pm

Warm up 6:45pm

Introduction 7:15pm

Awards 8:10pm

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Important dates

November 2nd

- Flower pre orders due
- Deadline to order additional spectator admission tickets
Adults \$5, Sr/Student \$3, children 3 and under Free
- **2 spectator admission tickets included** (must have to get into meet)

November 5th- November 9th 4:00-8:00pm

- Uniforms and admission tickets are available for pick up at office 4:00-8:00pm
 - Parents must sign for uniform (there are no refunds or exchanges).
 - Cannot be worn prior to meet.

DAY OF Fun Meet November 10th, 2018

- Doors and parking will open for each session 15 minutes prior to start time. To allow previous session to clear out and free up seating and entrance sidewalk, gymnast and parents will not be allowed in prior to 15 minutes early. Thank you for your understanding and cooperation.
- Gymnast must be checked in 5-15 minutes prior to start time.
Check in time is listed on your schedule, this allows gymnast to be better prepared for performance.
- Arrive hair up neatly, boys uniform/shorts and girls leo on (no shorts).
 - Like class, gymnast can wear a small bow in hair, but please no beads or small items that may come loose as this is a safety hazard.
- Gymnast may use the lobby restroom prior to checking in, or after checking in they may use the in gym restrooms.
- Gymnast's do not need to bring any personal items. (all items left with parents including drinks)
- After checking in gymnast will report to the coaches through the "team entrance door" near the restrooms. (they will not return to parents until after performance after checking in).
- Parents seating area will be in the gym, enter through the regular entrance door that classes are called out.
- Our team will be selling good luck grams, flowers, and concessions at each session. 100% of the Proceeds support our competitive team, thank you in advance for your support.

Thank you for joining us for the 4th annual Fall Fun Meet

Joanna Crook

Owner /Southern Gymnastics

"Create a positive atmosphere, get positive results"